



**COMPULSORY MEDICAL CERTIFICATE
for competitive sport activity**

The certificate is in accordance with Italian law. However in order to make sure that we treat all the certificates sent from different countries correctly, it is compulsory to use this form, no other will be accepted. This medical certificate has to be filled in, dated and signed by the doctor, who usually stamps it or specifies his professional number.

**Vibram® Ultra Trail Lago d'Orta (Italy)
15, 16 and 17 october 2021**

I, the undersigned Doctor of medicine,

certify that the medical examination of Mr, Ms:

Surname..... First name.....

Born on the: ___/___/___,

is capable of running a following trail race

- 100Km with 5.470 D+ elevation gain
- 55Km with 3.000 D+ elevation gain
- 31Km with 1.720 D+ elevation gain
- 18Km with 1.100 D+ elevation gain

and does not present contraindication to the practice of running (athletics), in competition.

Date of visit: ___/___/___

Doctor's signature and stamp (compulsory) _____